

1 AN ACT relating to student athlete safety.

2 ***Be it enacted by the General Assembly of the Commonwealth of Kentucky:***

3 ➔Section 1. KRS 160.445 is amended to read as follows:

4 (1) (a) The Kentucky Board of Education or organization or agency designated by the  
5 board to manage interscholastic athletics shall require each interscholastic  
6 coach to complete a sports safety course consisting of training on how to  
7 prevent common injuries. The content of the course shall include but not be  
8 limited to emergency planning, heat and cold illnesses, emergency  
9 recognition, head injuries including concussions, neck injuries, facial injuries,  
10 and principles of first aid. The course shall also be focused on safety  
11 education and shall not include coaching principles.

12 (b) The state board or its agency shall:

- 13 1. Establish a minimum timeline for a coach to complete the course;  
14 2. Approve providers of a sports safety course;  
15 3. Be responsible for ensuring that an approved course is taught by  
16 qualified professionals who shall either be athletic trainers, registered  
17 nurses, physicians, or physician's assistants licensed to practice in  
18 Kentucky; and  
19 4. Establish the minimum qualifying score for successful course  
20 completion.

21 (c) A course shall be reviewed for updates at least once every thirty (30) months  
22 and revised if needed.

23 (d) A course shall be able to be completed through hands-on or online teaching  
24 methods in ten (10) clock hours or less.

25 (e) 1. A course shall include an end-of-course examination with a minimum  
26 qualifying score for successful course completion established by the  
27 board or its agency.

- 1           2. All coaches shall be required to take the end-of-course examination and  
2           shall obtain at least the minimum qualifying score.
- 3           (f) Beginning with the 2009-2010 school year, and each year thereafter, at least  
4           one (1) person who has completed the course shall be at every interscholastic  
5           athletic practice and competition.
- 6           (2) (a) Beginning with the 2012-2013 school year, and each year thereafter, the state  
7           board or its agency shall require each interscholastic coach to complete  
8           training on how to recognize the symptoms of a concussion and how to seek  
9           proper medical treatment for a person suspected of having a concussion. The  
10          training shall be approved by the state board or its agency and may be  
11          included in the sports safety course required under subsection (1)(a) of this  
12          section.
- 13          (b) The board or its agency shall develop guidelines and other pertinent  
14          information or adopt materials produced by other agencies to inform and  
15          educate student athletes and their parents or legal guardians of the nature and  
16          risk of concussion and head injury, including the continuance of play after  
17          concussion or head injury. Any required physical examination and parental  
18          authorization shall include acknowledgement of the education information  
19          required under this paragraph.
- 20          (c) Upon request, the board or its agency shall make available to the public any  
21          training materials developed by the board or agency used to satisfy the  
22          requirements of paragraph (a) of this subsection. The board or its agency shall  
23          not be held liable for the use of any training materials so disseminated.
- 24          (3) (a) A student athlete suspected by an interscholastic coach, school athletic  
25          personnel, or contest official of sustaining a concussion during an athletic  
26          practice or competition shall be removed from play at that time and shall not  
27          return to play prior to the ending of the practice or competition until the

1 athlete is evaluated to determine if a concussion has occurred. The evaluation  
2 shall be completed by a physician or a licensed health care provider whose  
3 scope of practice and training includes the evaluation and management of  
4 concussions and other brain injuries. A student athlete shall not return to play  
5 on the date of a suspected concussion absent the required evaluation.

6 (b) **1. Upon completion of the required evaluation, a coach:**

7 **a. May return a student athlete to play if the physician or licensed**  
8 **health care provider determines that no concussion has**  
9 **occurred; or**

10 **b. Shall not return a student athlete to play if the physician or**  
11 **licensed health care provider determines that a concussion has**  
12 **occurred.**

13 **2. If no physician or licensed health care provider described in**  
14 **paragraph (a) of this subsection is present at the practice or**  
15 **competition to perform the required evaluation, a coach shall not**  
16 **return a student athlete to play who is suspected of sustaining a**  
17 **concussion. The student athlete shall not be allowed to participate in**  
18 **any subsequent practice or athletic competition unless written**  
19 **clearance from a physician is provided.**~~[A student athlete may return to~~  
20 ~~play if it is determined no concussion has occurred.]~~

21 (c) A student athlete deemed to be concussed shall not return to participate in any  
22 athletic practice or competition occurring on the day of the injury. The injured  
23 student athlete shall not be allowed to participate in any subsequent practice or  
24 athletic competition unless written clearance from a physician is provided.

25 (4) (a) The state board or its agency shall adopt rules governing interscholastic  
26 athletics conducted by local boards of education to require each school that  
27 participates in interscholastic athletics to develop a venue-specific emergency

- 1           action plan to deal with serious injuries and acute medical conditions in which  
2           the condition of the patient may deteriorate rapidly. The plan shall:
- 3           1.   Include a delineation of role, methods of communication, available  
4               emergency equipment, and access to and plan for emergency transport;  
5               and
  - 6           2.   Be in writing, reviewed by the principal of the school, distributed to all  
7               appropriate personnel, posted conspicuously at all venues, and reviewed  
8               and rehearsed annually by all licensed athletic trainers, first responders,  
9               coaches, school nurses, athletic directors, and volunteers for  
10              interscholastic athletics.
- 11       (b) Each school shall submit annual written verification of the existence of a  
12       venue-specific emergency action plan to the state board or its agency.
- 13   (5) Each school shall maintain complete and accurate records of its compliance with  
14       this section and shall make the records available for review by the state board or its  
15       agency upon request.