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20 RS BR 1089

1	AN ACT relating to prescription insulin.
2	WHEREAS, approximately 450,000 people in Kentucky, or 1 out of every 8
3	Kentuckians, have been diagnosed with diabetes; and
4	WHEREAS, an additional 26,000 people in Kentucky are diagnosed with diabetes
5	each year; and
6	WHEREAS, every Kentuckian with type 1 diabetes and many with type 2 diabetes
7	rely on daily doses of insulin to survive; and
8	WHEREAS, the cost of treating diabetes increased by 26% from 2012 to 2017, and
9	the annual medical cost related to diabetes in Kentucky now exceeds \$5 billion per year;
10	and
11	WHEREAS, care for people with diabetes accounts for 1 out of every 4 health care
12	dollars spent in the United States; and
13	WHEREAS, insulin prices rose by 45% between 2014 and 2017, and over the last
14	14 years, the price of insulin has increased by 550%, adjusted for inflation; and
15	WHEREAS, according to research published in the British Medical Journal Global
16	Health, the average cost to produce a vial of insulin is \$6; and
17	WHEREAS, according to the Centers for Disease Control and Prevention, the high
18	price of insulin can lead some patients to begin rationing their diabetes medication or not
19	fully comply with dosing as prescribed by their doctors; and
20	WHEREAS, a 10% increase in insulin adherence rates can produce up to a 29%
21	decrease in overall health care costs related to diabetes; and
22	WHEREAS, it is important to enact policies to reduce the costs for Kentuckians
23	with diabetes to obtain life-saving and life-sustaining insulin;
24	NOW, THEREFORE,
25	Be it enacted by the General Assembly of the Commonwealth of Kentucky:
26	Section 1. KRS 304.17A-148 is amended to read as follows:
27	(1) All health benefit plans issued or renewed on or after <i>the effective date of this</i>

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1		Act[July 15, 1998], shall provide coverage for equipment, supplies, outpatient self-				
2		management training and education, including medical nutrition therapy, and all				
3		medi	medications necessary for the treatment of insulin-dependent diabetes, insulin-using			
4		diabe	diabetes, gestational diabetes, and noninsulin-using diabetes if prescribed by a			
5		healt	health care provider legally authorized to prescribe the items.			
6	(2)	Diab	Diabetes outpatient self-management training and education shall be provided by a			
7		certif	certified, registered, or licensed health care professional with expertise in diabetes,			
8		as de	emed necessary by a health care provider.			
9	(3)	(a)	Except as provided in paragraph (b) of this subsection, the benefits provided			
10			in this section shall be subject to the same annual deductibles or coinsurance			
11			established for all other covered benefits within a given health benefit plan.			
12		(b)	Cost sharing for all covered prescription insulin drugs shall not exceed a			
13			total of one hundred dollars (\$100) per thirty (30) day supply of insulin,			
14			regardless of the number of prescriptions or amount or type of insulin			
15			needed to meet the covered person's insulin needs.			
16		<u>(c)</u>	Private third-party payors may not reduce or eliminate coverage due to the			
17			requirements of this section.			
18		<u>(d)</u>	Nothing in this subsection shall prevent an insurer from establishing cost-			
19			sharing requirements for covered prescription insulin drugs below the			
20			amount specified in paragraph (b) of this subsection.			
21	<u>(4)</u>	As us	sed in this section, "cost sharing" has the same meaning as in KRS 304.17A-			
22		<u>164.</u>				
23		⇒Se	ection 2. KRS 18A.225 is amended to read as follows:			
24	(1)	(a)	The term "employee" for purposes of this section means:			
25			1. Any person, including an elected public official, who is regularly			
26			employed by any department, office, board, agency, or branch of state			
27			government; or by a public postsecondary educational institution; or by			

1		any city, urban-county, charter county, county, or consolidated local
2		government, whose legislative body has opted to participate in the state-
3		sponsored health insurance program pursuant to KRS 79.080; and who
4		is either a contributing member to any one (1) of the retirement systems
5		administered by the state, including but not limited to the Kentucky
6		Retirement Systems, Kentucky Teachers' Retirement System, the
7		Legislators' Retirement Plan, or the Judicial Retirement Plan; or is
8		receiving a contractual contribution from the state toward a retirement
9		plan; or, in the case of a public postsecondary education institution, is an
10		individual participating in an optional retirement plan authorized by
11		KRS 161.567; or is eligible to participate in a retirement plan
12		established by an employer who ceases participating in the Kentucky
13		Employees Retirement System pursuant to KRS 61.522 whose
14		employees participated in the health insurance plans administered by the
15		Personnel Cabinet prior to the employer's effective cessation date in the
16		Kentucky Employees Retirement System;
17	2.	Any certified or classified employee of a local board of education;
18	3.	Any elected member of a local board of education;
19	4.	Any person who is a present or future recipient of a retirement
20		allowance from the Kentucky Retirement Systems, Kentucky Teachers'
21		Retirement System, the Legislators' Retirement Plan, the Judicial
22		Retirement Plan, or the Kentucky Community and Technical College
23		System's optional retirement plan authorized by KRS 161.567, except
24		that a person who is receiving a retirement allowance and who is age
25		sixty-five (65) or older shall not be included, with the exception of
26		persons covered under KRS 61.702(4)(c), unless he or she is actively

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employed pursuant to subparagraph 1. of this paragraph; and

1	5. Any eligible dependents and beneficiaries of participating employees
2	and retirees who are entitled to participate in the state-sponsored health
3	insurance program;
4 (b)	The term "health benefit plan" for the purposes of this section means a health
5	benefit plan as defined in KRS 304.17A-005;
6 (c)	The term "insurer" for the purposes of this section means an insurer as defined
7	in KRS 304.17A-005; and
8 (d)	The term "managed care plan" for the purposes of this section means a
9	managed care plan as defined in KRS 304.17A-500.
10 (2) (a)	The secretary of the Finance and Administration Cabinet, upon the
11	recommendation of the secretary of the Personnel Cabinet, shall procure, in
12	compliance with the provisions of KRS 45A.080, 45A.085, and 45A.090,
13	from one (1) or more insurers authorized to do business in this state, a group
14	health benefit plan that may include but not be limited to health maintenance
15	organization (HMO), preferred provider organization (PPO), point of service
16	(POS), and exclusive provider organization (EPO) benefit plans encompassing
17	all or any class or classes of employees. With the exception of employers
18	governed by the provisions of KRS Chapters 16, 18A, and 151B, all
19	employers of any class of employees or former employees shall enter into a
20	contract with the Personnel Cabinet prior to including that group in the state
21	health insurance group. The contracts shall include but not be limited to
22	designating the entity responsible for filing any federal forms, adoption of
23	policies required for proper plan administration, acceptance of the contractual
24	provisions with health insurance carriers or third-party administrators, and
25	adoption of the payment and reimbursement methods necessary for efficient
26	administration of the health insurance program. Health insurance coverage
27	provided to state employees under this section shall, at a minimum, contain

1 the same benefits as provided under Kentucky Kare Standard as of January 1, 2 1994, and shall include a mail-order drug option as provided in subsection 3 (13) of this section. All employees and other persons for whom the health care 4 coverage is provided or made available shall annually be given an option to 5 elect health care coverage through a self-funded plan offered by the 6 Commonwealth or, if a self-funded plan is not available, from a list of 7 coverage options determined by the competitive bid process under the 8 provisions of KRS 45A.080, 45A.085, and 45A.090 and made available 9 during annual open enrollment.

- (b) The policy or policies shall be approved by the commissioner of insurance and
   may contain the provisions the commissioner of insurance approves, whether
   or not otherwise permitted by the insurance laws.
- 13 Any carrier bidding to offer health care coverage to employees shall agree to (c) 14 provide coverage to all members of the state group, including active 15 employees and retirees and their eligible covered dependents and 16 beneficiaries, within the county or counties specified in its bid. Except as 17 provided in subsection (20) of this section, any carrier bidding to offer health 18 care coverage to employees shall also agree to rate all employees as a single 19 entity, except for those retirees whose former employers insure their active 20 employees outside the state-sponsored health insurance program.
- (d) Any carrier bidding to offer health care coverage to employees shall agree to
  provide enrollment, claims, and utilization data to the Commonwealth in a
  format specified by the Personnel Cabinet with the understanding that the data
  shall be owned by the Commonwealth; to provide data in an electronic form
  and within a time frame specified by the Personnel Cabinet; and to be subject
  to penalties for noncompliance with data reporting requirements as specified
  by the Personnel Cabinet. The Personnel Cabinet shall take strict precautions

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to protect the confidentiality of each individual employee; however, confidentiality assertions shall not relieve a carrier from the requirement of providing stipulated data to the Commonwealth.

4 (e) The Personnel Cabinet shall develop the necessary techniques and capabilities 5 for timely analysis of data received from carriers and, to the extent possible, 6 provide in the request-for-proposal specifics relating to data requirements, 7 electronic reporting, and penalties for noncompliance. The Commonwealth 8 shall own the enrollment, claims, and utilization data provided by each carrier 9 and shall develop methods to protect the confidentiality of the individual. The 10 Personnel Cabinet shall include in the October annual report submitted 11 pursuant to the provisions of KRS 18A.226 to the Governor, the General 12 Assembly, and the Chief Justice of the Supreme Court, an analysis of the 13 financial stability of the program, which shall include but not be limited to 14 loss ratios, methods of risk adjustment, measurements of carrier quality of 15 service, prescription coverage and cost management, and statutorily required 16 mandates. If state self-insurance was available as a carrier option, the report 17 also shall provide a detailed financial analysis of the self-insurance fund 18 including but not limited to loss ratios, reserves, and reinsurance agreements.

(f) If any agency participating in the state-sponsored employee health insurance
program for its active employees terminates participation and there is a state
appropriation for the employer's contribution for active employees' health
insurance coverage, then neither the agency nor the employees shall receive
the state-funded contribution after termination from the state-sponsored
employee health insurance program.

(g) Any funds in flexible spending accounts that remain after all reimbursements
have been processed shall be transferred to the credit of the state-sponsored
health insurance plan's appropriation account.

- (h) Each entity participating in the state-sponsored health insurance program shall
  provide an amount at least equal to the state contribution rate for the employer
  portion of the health insurance premium. For any participating entity that used
  the state payroll system, the employer contribution amount shall be equal to
  but not greater than the state contribution rate.
- 6 (3) The premiums may be paid by the policyholder:
- 7 (a) Wholly from funds contributed by the employee, by payroll deduction or
  8 otherwise;
- 9 (b) Wholly from funds contributed by any department, board, agency, public
  10 postsecondary education institution, or branch of state, city, urban-county,
  11 charter county, county, or consolidated local government; or
- (c) Partly from each, except that any premium due for health care coverage or
  dental coverage, if any, in excess of the premium amount contributed by any
  department, board, agency, postsecondary education institution, or branch of
  state, city, urban-county, charter county, county, or consolidated local
  government for any other health care coverage shall be paid by the employee.
- 17 (4) If an employee moves his place of residence or employment out of the service area
  18 of an insurer offering a managed health care plan, under which he has elected
  19 coverage, into either the service area of another managed health care plan or into an
  20 area of the Commonwealth not within a managed health care plan service area, the
  21 employee shall be given an option, at the time of the move or transfer, to change his
  22 or her coverage to another health benefit plan.
- (5) No payment of premium by any department, board, agency, public postsecondary
  educational institution, or branch of state, city, urban-county, charter county,
  county, or consolidated local government shall constitute compensation to an
  insured employee for the purposes of any statute fixing or limiting the
  compensation of such an employee. Any premium or other expense incurred by any

- department, board, agency, public postsecondary educational institution, or branch
   of state, city, urban-county, charter county, county, or consolidated local
   government shall be considered a proper cost of administration.
- 4 (6) The policy or policies may contain the provisions with respect to the class or classes
  5 of employees covered, amounts of insurance or coverage for designated classes or
  6 groups of employees, policy options, terms of eligibility, and continuation of
  7 insurance or coverage after retirement.
- 8 (7) Group rates under this section shall be made available to the disabled child of an 9 employee regardless of the child's age if the entire premium for the disabled child's 10 coverage is paid by the state employee. A child shall be considered disabled if he 11 has been determined to be eligible for federal Social Security disability benefits.
- 12 (8) The health care contract or contracts for employees shall be entered into for a period13 of not less than one (1) year.
- 14 (9) The secretary shall appoint thirty-two (32) persons to an Advisory Committee of 15 State Health Insurance Subscribers to advise the secretary or his designee regarding 16 the state-sponsored health insurance program for employees. The secretary shall 17 appoint, from a list of names submitted by appointing authorities, members 18 representing school districts from each of the seven (7) Supreme Court districts, 19 members representing state government from each of the seven (7) Supreme Court 20 districts, two (2) members representing retirees under age sixty-five (65), one (1) 21 member representing local health departments, two (2) members representing the 22 Kentucky Teachers' Retirement System, and three (3) members at large. The 23 secretary shall also appoint two (2) members from a list of five (5) names submitted 24 by the Kentucky Education Association, two (2) members from a list of five (5) 25 names submitted by the largest state employee organization of nonschool state 26 employees, two (2) members from a list of five (5) names submitted by the 27 Kentucky Association of Counties, two (2) members from a list of five (5) names

submitted by the Kentucky League of Cities, and two (2) members from a list of
names consisting of five (5) names submitted by each state employee organization
that has two thousand (2,000) or more members on state payroll deduction. The
advisory committee shall be appointed in January of each year and shall meet
quarterly.

6 (10) Notwithstanding any other provision of law to the contrary, the policy or policies
7 provided to employees pursuant to this section shall not provide coverage for
8 obtaining or performing an abortion, nor shall any state funds be used for the
9 purpose of obtaining or performing an abortion on behalf of employees or their
10 dependents.

(11) Interruption of an established treatment regime with maintenance drugs shall be
 grounds for an insured to appeal a formulary change through the established appeal
 procedures approved by the Department of Insurance, if the physician supervising
 the treatment certifies that the change is not in the best interests of the patient.

15 (12) Any employee who is eligible for and elects to participate in the state health 16 insurance program as a retiree, or the spouse or beneficiary of a retiree, under any 17 one (1) of the state-sponsored retirement systems shall not be eligible to receive the 18 state health insurance contribution toward health care coverage as a result of any 19 other employment for which there is a public employer contribution. This does not 20 preclude a retiree and an active employee spouse from using both contributions to 21 the extent needed for purchase of one (1) state sponsored health insurance policy for 22 that plan year.

- (13) (a) The policies of health insurance coverage procured under subsection (2) of
  this section shall include a mail-order drug option for maintenance drugs for
  state employees. Maintenance drugs may be dispensed by mail order in
  accordance with Kentucky law.
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(b) A health insurer shall not discriminate against any retail pharmacy located

within the geographic coverage area of the health benefit plan and that meets
 the terms and conditions for participation established by the insurer, including
 price, dispensing fee, and copay requirements of a mail-order option. The
 retail pharmacy shall not be required to dispense by mail.

5 6 (c) The mail-order option shall not permit the dispensing of a controlled substance classified in Schedule II.

7 (14) The policy or policies provided to state employees or their dependents pursuant to
8 this section shall provide coverage for obtaining a hearing aid and acquiring hearing
9 aid-related services for insured individuals under eighteen (18) years of age, subject
10 to a cap of one thousand four hundred dollars (\$1,400) every thirty-six (36) months
11 pursuant to KRS 304.17A-132.

(15) Any policy provided to state employees or their dependents pursuant to this section
 shall provide coverage for the diagnosis and treatment of autism spectrum disorders
 consistent with KRS 304.17A-142.

(16) Any policy provided to state employees or their dependents pursuant to this section
shall provide coverage for obtaining amino acid-based elemental formula pursuant
to KRS 304.17A-258.

(17) If a state employee's residence and place of employment are in the same county, and
if the hospital located within that county does not offer surgical services, intensive
care services, obstetrical services, level II neonatal services, diagnostic cardiac
catheterization services, and magnetic resonance imaging services, the employee
may select a plan available in a contiguous county that does provide those services,
and the state contribution for the plan shall be the amount available in the county
where the plan selected is located.

(18) If a state employee's residence and place of employment are each located in counties
 in which the hospitals do not offer surgical services, intensive care services,
 obstetrical services, level II neonatal services, diagnostic cardiac catheterization

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1		servi	ces, and magnetic resonance imaging services, the employee may select a plan
2		avail	able in a county contiguous to the county of residence that does provide those
3		servi	ces, and the state contribution for the plan shall be the amount available in the
4		coun	ty where the plan selected is located.
5	(19)	The	Personnel Cabinet is encouraged to study whether it is fair and reasonable and
6		in th	e best interests of the state group to allow any carrier bidding to offer health
7		care	coverage under this section to submit bids that may vary county by county or
8		by la	rger geographic areas.
9	(20)	Notv	vithstanding any other provision of this section, the bid for proposals for health
10		insu	cance coverage for calendar year 2004 shall include a bid scenario that reflects
11		the s	tatewide rating structure provided in calendar year 2003 and a bid scenario that
12		allov	vs for a regional rating structure that allows carriers to submit bids that may
13		vary	by region for a given product offering as described in this subsection:
14		(a)	The regional rating bid scenario shall not include a request for bid on a
15			statewide option;
16		(b)	The Personnel Cabinet shall divide the state into geographical regions which
17			shall be the same as the partnership regions designated by the Department for
18			Medicaid Services for purposes of the Kentucky Health Care Partnership
19			Program established pursuant to 907 KAR 1:705;
20		(c)	The request for proposal shall require a carrier's bid to include every county
21			within the region or regions for which the bid is submitted and include but not
22			be restricted to a preferred provider organization (PPO) option;
23		(d)	If the Personnel Cabinet accepts a carrier's bid, the cabinet shall award the
24			carrier all of the counties included in its bid within the region. If the Personnel
25			Cabinet deems the bids submitted in accordance with this subsection to be in
26			the best interests of state employees in a region, the cabinet may award the
27			contract for that region to no more than two (2) carriers; and

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- 1 (e) Nothing in this subsection shall prohibit the Personnel Cabinet from including 2 other requirements or criteria in the request for proposal. 3 (21) Any fully insured health benefit plan or self-insured plan issued or renewed on or 4 after July 12, 2006, to public employees pursuant to this section which provides 5 coverage for services rendered by a physician or osteopath duly licensed under KRS 6 Chapter 311 that are within the scope of practice of an optometrist duly licensed 7 under the provisions of KRS Chapter 320 shall provide the same payment of 8 coverage to optometrists as allowed for those services rendered by physicians or 9 osteopaths. 10 (22) Any fully insured health benefit plan or self-insured plan issued or renewed on or 11 after July 12, 2006, to public employees pursuant to this section shall comply with 12 the provisions of KRS 304.17A-270 and 304.17A-525. 13 (23) Any fully insured health benefit plan or self -insured plan issued or renewed on or 14 after July 12, 2006, to public employees shall comply with KRS 304.17A-600 to 15 304.17A-633 pertaining to utilization review, KRS 205.593 and 304.17A-700 to 16 304.17A-730 pertaining to payment of claims, KRS 304.14-135 pertaining to 17 uniform health insurance claim forms, KRS 304.17A-580 and 304.17A-641 18 pertaining to emergency medical care, KRS 304.99-123, and any administrative 19 regulations promulgated thereunder. 20 (24) Any fully insured health benefit plan or self-insured plan issued or renewed on or 21 after July 1, 2019, to public employees pursuant to this section shall comply with 22 KRS 304.17A-138. 23 (25) Any fully insured health benefit plan or self-insured plan issued or renewed on or 24 after the effective date of this Act, to public employees pursuant to this section
- 25 shall comply with Section 1 of this Act.
- 26  $\rightarrow$  Section 3. This Act takes effect January 1, 2021.