

116TH CONGRESS  
1ST SESSION

# H. RES. 567

Supporting the designation of September 20, 2019, as “National Concussion Awareness Day”.

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## IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 19, 2019

Mr. PASCRELL (for himself, Mr. BACON, Mrs. BEATTY, Ms. KUSTER of New Hampshire, Mr. GRIJALVA, Mr. BISHOP of Georgia, Mr. BIGGS, Ms. STEVENS, Mr. GOTTHEIMER, Mr. LARSON of Connecticut, Mr. LOEBSACK, Mr. DANNY K. DAVIS of Illinois, and Ms. SÁNCHEZ) submitted the following resolution; which was referred to the Committee on Energy and Commerce

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## RESOLUTION

Supporting the designation of September 20, 2019, as  
“National Concussion Awareness Day”.

Whereas mild traumatic brain injury (mTBI), otherwise known as a concussion, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with a disability because of a traumatic brain injury (TBI);

(3) from 2001 to 2012, the rate of emergency department visits for sports- and recreation-related injuries involving a diagnosis of concussion or traumatic brain injury, alone or in combination with other injuries, more than doubled among children 19 years of age or younger, and, in 2012, an estimated 329,290 children were treated in the United States for sports- and recreation-related injuries that included a diagnosis of concussion or traumatic brain injury; and

(4) current data sources may only capture one out of every 9 concussions across the United States;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the House of Representatives can raise awareness about concussions among the medical community and the public by supporting the designation of September 20, 2019, as “National Concussion Awareness Day”: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2               (1) supports the designation of “National Con-

3       cussion Awareness Day”;

4               (2) recognizes that mild traumatic brain injury

5       (mTBI), otherwise known as a concussion, is an im-

6       portant health concern;

1           (3) commends the organizations and individuals  
2           that raise awareness about mild traumatic brain in-  
3           jury;

4           (4) encourages Federal, State, and local policy-  
5           makers to work together—

6                 (A) to raise awareness about the effects of  
7                 concussions; and

8                 (B) to improve the understanding of prop-  
9                 er diagnosis and management of concussions;  
10                and

11           (5) encourages further research and prevention  
12           efforts to ensure that fewer individuals experience  
13           the most adverse effects of mild traumatic brain in-  
14           jury.

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