

116TH CONGRESS  
1ST SESSION

# H. RES. 520

Remembering kindness in the United States and affirming our commitment to fostering community and building resiliency through every day acts of kindness.

---

## IN THE HOUSE OF REPRESENTATIVES

JULY 24, 2019

Mr. CORREA submitted the following resolution; which was referred to the  
Committee on Oversight and Reform

---

# RESOLUTION

Remembering kindness in the United States and affirming  
our commitment to fostering community and building  
resiliency through every day acts of kindness.

Whereas kindness means doing something for someone else  
with no expectation of anything in return;

Whereas kindness can change a family, a neighborhood, a  
school, a city, a nation, and ultimately, our world;

Whereas residents within the United States have a long his-  
tory of demonstrating kindness daily in their homes,  
schools, places of faith, businesses, community organiza-  
tions, and throughout their neighborhoods;

Whereas kindness has the power to connect people and to  
build community and is the mortar that connects and  
builds our Nation's social infrastructure;

Whereas the culture of kindness and compassion can heal the country from within and promote a healthier society;

Whereas studies have shown that kindness can improve several aspects of health, mindfulness, self-compassion, compassion toward others, and interpersonal conflict; and

Whereas kindness can foster strong bonds that will bring individuals together despite their differences in order to tackle the challenges that face our Nation in a non-partisan manner: Now, therefore, be it

1       *Resolved*, That it is the sense of the House of Rep-  
2       resentatives that the United States shall recognize kind  
3       actions in this country, encourage kindness, spread love,  
4       and foster a culture of being kind to one another.

○